

Breakfast Menu

Week 2 (6 - 12 December 2021)

Food / Day	Monday 6/12/21	Tuesday 7/12/21	Wednesday 8/12/21	Thursday 9/12/21	Friday 10/12/21	Saturday 11/12/21	Sunday 12/12/21
Fresh Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Cereal	Cornflake+ muesli	Cornflake+ muesli	Cornflake+ muesli	Cornflake+ muesli	Cornflake+ muesli	Cornflake+ muesli	Cornflake+ muesli
Sandwich	Bread with Butter & Jam	Bread with Butter & Jam	Bread with Butter & Jam	Bread with Butter & Jam	Bread with Butter & Jam	Bread with Butter & Jam	Bread with Butter & Jam
Egg Station	Egg Your Way	Egg Your Way	Egg Your Way	Egg Your Way	Egg Your Way	Egg Your Way	Egg Your Way
Side Dish	Sausage & Ham	Sausage & Bacon	Sausage & Ham	Sausage & Bacon	Sausage & Ham	Sausage & Bacon	Sausage & Ham
Vegetable	Saute Mushroom	Saute Spinash	Saute Tomato	Grilled Tomato	Saute Mushroom	Saute Spinash	Saute Potato
Rice	Fried rice with Curry powder	Stir-fried Rice with Soya Sauce	Stir-fried rice with Egg	briyani rice	Fried Rice Garlic	Fried Rice Butter	Fried Rice Tomato Sauce
Desert	Waffle	French Toast	Pancake	Waffle	French Toast	Pancake	Waffle
Drink	Whole Milk & Juice	Whole Milk & Juice	Whole Milk & Juice	Whole Milk & Juice	Whole Milk & Juice	Whole Milk & Juice	Whole Milk & Juice
Brunch Thai						Stir Fried Rice With Pork Tonkutsu	Stir Fried Chicken with Cashchew nut
Brunch Inter						New Orleans Chicken With Pasta	Salmon In Japanese Sauce & Bread

Lunch Menu

Week 2 (6 - 12 December 2021)

Food / Day	Monday 6/12/21	Tuesday 7/12/21	Wednesday 8/12/21	Thursday 9/12/21	Friday 10/12/21
Morning Break	-	Chocolate Stick+Fruit+Milk	Butter Cake With Starwberry+Fruit+Milk	Blueberry Pie+Fruit+Milk	Fruit Sandwich +Fruit+Milk
Drink	Juice	Juice	Juice	Juice	Juice
Sandwich	ABF	Tuna Sandwich	Chicken Breast Sandwich	Grilled Vegetable Sandwich	Crab Stick & Corn Cheese Sandwich
Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Noodle	-	Sukhothai Noodle	Egg Noodle with Pork BBQ in Clear Soup	Vietnamese Noodles	Thai noodle with pork & Coconut milk
Soup	Carrot Soup	Pumpkin Soup	Mushroom & Chicken Soup	Corn Soup	Spinach Cream Soup
Thai	Stir Fried Pork with Brown Sauce	Stir Fried Rice With Basil Sauce & Deep Fried Chicken	Fish Curry Sauce With Egg Noodle	Grilled Chicken With Marinade Herb & Glutinous Rice	Southern Stir Fried Pork With Yellow Curry Paste
Asian	-	Palak Curry With Naan Bread	Pan Fried Chicken With Ponzu Sauce	Stir Fried Rice Beef Fat With Braised Beef	Spagethetti With Sea food Kimchi
Western	Chicken Steak With Spicy Tamarine Sauce & Spaghetti	Pan Fried Fish With Butter Rice	Pork Steak With Lemon Cream Sauce	Pork Goulash & Wedges Potato	Deep fried Chicken With Cheese & French fries
Vegetarian Thai	Stir Fried Tofu with Brown Sauce	Stir Fried Rice With Basil Sauce & Deep Fried TVP	Curry Sauce With Egg Noodle	Grilled Tofu With Marinade Herb & Glutinous Rice	Southern Stir Fried TVP With Yellow Curry Paste
Vegetarian Inter	Bake Potato With Cream Sauce & Spaghetti	Pan Fried Tofu With Butter Rice	Tofu Steak With Lemon Cream Sauce	Tofu Goulash & Wedges Potato	Grilled Tofu With Beetroot Sauce & Mash Potato
3 Colour Veggies	Broccoli / Pumpkin / Carrot	Snap pea / Corn / Grilled tomato	Broccoli / Baby Corn / Cherry tomato	Green pea / Culiflower / Carrot	Broccoli / Corn / Carrot
Dessert	-	-	Fruit Pancake	-	Ice Cream

Dinner Menu

Week 2 (6 - 12 December 2021)

Food / Day	Monday 6/12/21	Tuesday 7/12/21	Wednesday 8/12/21	Thursday 9/12/21	Friday 10/12/21	Saturday 11/12/21	Sunday 12/12/21
Fresh Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad	Mix Salad
Thai	Stir fired rice with Chinese sausage	Grilled Pork with Thai Spicy Sauce & rice	Rice with Pork in Brown Sauce	Fried Noodles with Chicken	Stir Fried Basil with Chicken & scrambled eggs	Rice with chicken panang curry	Stir Fried Rice Pork Tom Yum with Thai Omlet
International	Pasta Pink Sauce & Chicken ball	Fish steak with Capcicum cream sauce & Bake Potato	Chicken deep fried with Korea sauce and stir-fried rice	Pork Gordon bleu with potato	Pasta Aglio Olio Bacon with Garlic Bread	Pork Kimbap & Instant Soup	Chicken Potato Au Gratin
Vegetarian	Pasta Pink Sauce & Tofu	Pasta & Grilled Veg. with Capcicum	Rice with Tofu in Brown Sauce	Fried Noodles with TVP	Pasta Aglio Olio No Meat with Garlic Bread	Rice with Mix Veg. panang curry	Stir Fried Rice Tofu Tom Yum with Thai Omlet
Dessert	Thai custard cake	Jelly Grass in Syrup	Taro in Coconut Milk	Job's Tears in Syrup	Corn Sago In Milk	Coconut Jelly in Syrup	Sweet Potato in Coconut
Snack	Cookie	Pineapple biscuit	Chicken Curry Pie	Bread and Fruit Jam	-	-	Denish Strawberry